



English Explorers

Outdoor English Immersion Camp

2025

新潟県妙高市
MYOKO, NIIGATA

Presented By
Snow Resort Link

 <https://myokoenglishexplorers.com/>

Executive Summary

Snow Resort Link has been operating Myoko Snowsports (International Snow Sports School) in Myoko City, Niigata Prefecture, since December 2009 during the winter seasons. We run snow sports lessons for children from the age of three, and all programs are run in English.

English Explorers was established in May 2021, and in July 2022, it opened an English summer camp where you can learn English through various experiences in the natural surroundings of Myoko.

Our professional instructors with abundant experience in teaching children's snow sports are active as camp leaders in the summer. During summer camps, our bilingual or English-speaking staff will provide a fun, English-focused environment, with safety as our number one priority. Through exciting and unique activities in nature, we aim to foster children's spontaneity and independence, and help them experience and learn English.

Our camps help develop universal communication skills, giving children the tools to be part of a future global society, connect with peers, foster connections with people, and accomplish ambitious goals together. We aim to guide children through the unknown and show them how much their world can expand by learning English.

That is the wish of all of us at English Explorers!



What is ENGLISH EXPLORERS?



Origin of the name

The name “English Explorers” originated from our ambition to cultivate within children the ability to try new things while exploring nature using English.

Learning English is not the ultimate goal but a process helping to inspire Explorers to develop self-expression, confidence, and communication skills.

Purpose of the Program

To learn to enjoy, appreciate, and respect the natural environment whilst being immersed in English. Having a fun and supportive platform to practice English and improve vocabulary and grammar necessary for English communication in any situation.

Age Group

Elementary Year 1~ Middle School Year 3

English Level

We cater for every English level from beginner to advanced/native. The program will be in an English environment, but there is support for each level. Our program is constructed with age and English level in mind.

Camp Staff

Our camp staff are dedicated to facilitating a fantastic experience for every camper. Our camp leaders all have prior training and experience of working with children of all ages in a variety of backgrounds. We take pride in having a very diverse staff from a wide range of countries. All with a passion for nature, sharing cultures, and developing skills for young people, we’re very excited to open gates of opportunity for the younger generation.

Nature's Classroom

We think the best classroom in the world is also the largest: The Great Outdoors! With so much potential for learning, development, and new experiences, we utilise the incredible natural environment around us as much as possible.

Our Values

English is fun!

Try new things with other explorers and camp leaders by communicating in English. Learn to communicate in English in a supportive environment.

Explore and discover

Explore the nature around Myoko and learn through fun activities! Learn about local wildlife, how to stay safe outdoors, and so much more. There's so much to discover!

Express yourself through communication

Explaining things in another language may be difficult, but we're here to encourage and teach you. Don't be scared to try, learn how to express yourself even if you don't know the right words.

Leadership

Develop your ability to work in a group. We encourage self-expression, supporting your peers, and communication. We also strive to make accomplishments both individually and as part of team.

Emotional connection

Most of our campers develop immensely on our camps, whether it's learning a new skill, how to overcome difficulties, or even just being less afraid and more confident. While they may be nervous or scared at first, together we will make great memories that they will cherish forever.

Together
ness

Respect

Learning

Nature

Mindfulness

Conservation

2025 Camp Detail

One session is 4 nights and 5 days, 6 sessions from the 20th of July 2025 ~ 18th of August 2025

| Session 5 | Session 6 | Session 7 | Session 8 | Session 9 | Session 10 |
|--------------------------------|-------------------------------------|-------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| 20th of July ~ 24th July | 27th of July ~ 31st of August | 3rd of August ~ 7th of August | 10th of August ~ 14th of August | 17th of August ~ 21st of August | 24th of August ~ 28th of August |

Price
¥150,000 - including transportation during camp, insurance, activities, meals, accommodation
An additional **¥20,000** will apply for the Bullet Train from/to Tokyo
Family and friends discount: **10% off**

Number of participants
The maximum number of explorers per session is 32, which will allow the camp leaders more time with each Explorer.

Safety Management
All staff who will be working in the camp are advanced first aid trained or WAFA / WFR qualified (Wilderness Advanced First Aid).

Wet weather
We have alternate schedules to accommodate the camp on weather-affected days such as typhoons.

| | DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 |
|-------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|--|
| 7:30 | | Wake up • Breakfast | Wake up • Breakfast | Wake up • Breakfast | Wake up • Breakfast |
| 8:30 | | English Lesson | English Lesson | English Lesson | English Lesson |
| 9:30-12:30 | Meeting • Transport | Outdoor Activity | Outdoor Activity | Outdoor Activity | Outdoor Activity |
| 12:30 | Lunch | Lunch on site | Lunch on site | Lunch on site | Lunch on site |
| 13:30-17:00 | Camp Introduction | Outdoor Activity | Outdoor Activity | Outdoor Activity | Camp Wrap Up Ready for departure |
| 17:30 | Dinner | Dinner | Dinner | Dinner • BBQ | |
| 18:30-20:30 | Camp Orientation • Camp Reflection | Evening Activity • Camp Reflection | Evening Activity • Camp Reflection | Evening Activity • Camp Reflection | |
| 21:00 | Getting ready for sleep • Bed time | Getting ready for sleep • Bed time | Getting ready for sleep • Bed time | Getting ready for sleep • Bed time | *Schedule varies depending on the weather |

Outdoor Activity List

| | |
|---------------------------------|---|
| Kayaking | Kayaking promotes upper body strength and coordination, all while enjoying the beauty of our local Lake Nojiri. |
| Stand-Up Paddleboarding (SUP) | Improve balance and core strength with SUP. This fun and engaging activity encourages focus and provides a unique perspective of the natural environment. |
| Survival Skills | Learn essential outdoor skills like shelter building, fire starting, and basic first aid, empowering kids with self-reliance and confidence. |
| Mountain Biking (MTB) | Develop confidence and physical endurance while exploring scenic trails. Our MTB sessions teach essential bike handling skills and foster a love for outdoor adventure. |
| Hiking Geocache/Orienteering | Explore nature and build resilience through hiking. Our trails offer opportunities for physical activity and foster an appreciation for the outdoors. |
| Local Farm Tour | Discover sustainable living and learn about growing food. Kids connect with nature and understand where their food comes from. |



Indoor Activity List

(Including rainy weather program)

Team building

Engage in fun, interactive games and activities that foster cooperation and build lasting friendships. Perfect for making friends and creating a positive camp environment.

Group project

Develop essential leadership qualities through collaborative projects and challenges. Campers will learn to communicate effectively, problem-solve, and work together as a team.

Climbing Gym

Challenge and build confidence with the indoor climbing gym. This activity promotes physical fitness, problem-solving, and a sense of accomplishment.

Arts & Crafts

Express your artistic side! Campers will personalize tote bags, create unique potato stamp designs, and learn the vibrant art of tie-dye and Japanese aozome indigo dye. These activities encourage creativity and self-expression.

Aquarium/Museum

Embark on educational adventures to the aquarium and regional museums. Explore fascinating exhibits and learn about marine life and cultural artifacts. These trips combine learning and fun.



Day 1

Learn about the nature in Myoko • Team building

| | Sample Schedule | |
|-------------|---|--|
| | | ✓ Sign In & Meet all the Explorers |
| 10:00(ish) | Meeting • Transportation Meet up point at Tokyo station or local station (Joetsu Myoko Station) | ✓ Make new friends through ice breakers |
| 12:30 | Lunch | ✓ Get to know everything about Myoko |
| 13:30-17:00 | Camp Introduction Meet English Explorers staff Ice breaker activity Learning about nature and wild animals in Myoko | ✓ Introducing the camp staff as well as explorers' introduction. Can you do it in English? |
| 17:30 | Dinner at Buna House (Accommodation) | ✓ Team Building activities |
| 18:30-20:30 | Accommodation Check-in & Buna House tour Identify Camp Rules & Camp Goals Working together regarding the camp goals! | ✓ Camp Journal explanation |
| 21:00 | Get ready for sleep • Bed time | ✓ Discuss with all Explorers about the ground rules during their time in camp so everyone can have a fun and comfortable camp. |
| | | ✓ During the camp, work as a team to reach the goals. |

Day 2

Hiking • Orienteering • Local Farm Tour • Night Walk

| | Sample Schedule | |
|-------------|--|---|
| 7:30 | Wake up • Breakfast | ✓ Learn how to read maps and use of compass. Can you reach the final destination? |
| 8:30 | English Lesson | ✓ Leadership and teamwork skills building. As well as communication skills. |
| 9:30-12:30 | Hiking • Orienteering Explorers leading their ways Japanese culture & Shrines visiting | ✓ Learn about the organic farm and ecosystem |
| 12:30 | Lunch on site | ✓ Nature is a playground. Get active in the jungle course |
| 13:30-17:00 | Local Farm Tour Planting vegetables, crops Learn about the farm's ecosystem & Sustainability | ✓ Daily camp reflection to review our day |
| 17:30 | Dinner | ✓ Walk around in the town in the evening. Enjoy the fresh air and stars. |
| 18:30-20:30 | Night Walk • Camp Reflection | |
| 21:00 | Get ready for sleep • Bed time | |

Day 3

Basic First Aid • CPR • Kayaking • SUP • Arts & Crafts

| | Sample Schedule |
|-------------|--|
| 7:30 | Wake up • Breakfast |
| 8:30 | English lesson |
| 9:30-12:30 | Basic First Aid • CPR Water safety Session on water |
| 12:30 | Picnic lunch at Lake Nojiri |
| 13:30-17:00 | Kayaking • SUP at Lake Nojiri |
| 17:30 | Dinner |
| 18:30-20:30 | What are the SDG's? • Art and Crafts • Camp Reflection |
| 21:00 | Get ready for sleep • Bed time |

- ✓ Basic First Aid & CPR Training.
Learn how to protect ourselves in the nature
- ✓ Learn about water safety.
Enjoy the water safely!
- ✓ Experience Kayak & SUP
at the Lake Nojiri
- ✓ Learn about the SDGs
What can we do to make the world better?
- ✓ Using natural greenery as
material to make an art piece

Day 4

Mountain Bike • Survival Skills • Camp Fire

| | Sample Schedule | |
|-------------|---|---|
| 7:30 | Wake up • Breakfast | ✓ Learn basic mountain bike skills |
| 8:30 | English lesson | ✓ Riding in MTB park. Push your limits but staying safe! |
| 9:30-12:30 | Learn how to ride Mountain Bike • Downhill biking Basic techniques on Mountain bike Riding in MTB park | ✓ Challenge yourself on the bike going down hills ✓ Mountain bike through the nature - Rice fields, forest and passing rivers! |
| 12:30 | Lunch | |
| 13:30-17:00 | Mountain Bike Bike through the village surrounded by nature | ✓ Survival skills - fire making challenge with minimum materials |
| 17:30 | Dinner BBQ | ✓ BBQ dinner |
| 18:30-20:30 | Camp fire • Camp Reflection Survival skills - Fire making Team Building & Wrap Up time | ✓ Enjoy the night and stars by a camp fire |
| | | |

Day 5

Geocache • Camp Reflection

| | Sample Schedule | |
|-------------|--|--|
| 7:30 | Wake up • Breakfast | ✓ Learn problem-solving, and teamwork while exploring the outdoors. Develop critical thinking and navigation skills. |
| 8:30 | English lesson | |
| 9:00-12:30 | Geocache Last group activity challenge - Can you find the treasures? | ✓ Rock, stick, leaf. What helped you grow during camp and how will you apply what you learnt? |
| 12:30 | Lunch | ✓ Final reflection - What was your high and low from the past 5 days? |
| 13:00-14:00 | Camp Wrap Up Certificate presentation Camp Final Reflection | ✓ Sign out & Say Goodbye to Explorers |
| 14:30 | Completion of Camp | |

Food Menu

We believe it's a fantastic opportunity to learn about Western culture through food!
We'll offer a mix of Western dishes to explore the culture alongside Japanese food to keep our campers satisfied!

| Sample Schedule | Breakfast | Lunch | Dinner |
|-----------------|---------------------------------|-------------------------|-----------------|
| Day 1 | - | Ham & Cheese Sandwiches | Pasta Bolognese |
| Day 2 | Buffet Western & Japanese style | Grilled fish & Rice | Homemade Pizza |
| Day 3 | | Chili Rice | Curry |
| Day 4 | | Burrito | BBQ Dinner |
| Day 5 | Pancake | Pasta Salad | - |

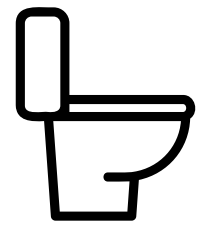


Buna House

Rooms • Shower & onsen • Living room



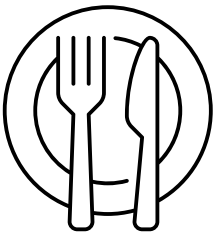
2 ~3 explorers per boys/girl room in our newly renovated share rooms



Each room will have a sink and toilet.



Shower and onsen facilities
Amenities will be available in the onsen, such as shampoo and body soap



Big common room space for activities, large dining facility.



There will be night staff on duty for campers who are having trouble sleeping at night.



Company Profile

| | |
|-------------------------|---|
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